

## Performance Reward Grant (PRG) – Harlow 2020 projects

### **Increase adult participation in sport and active leisure (£132,112)**

#### Get Fit, Bring the Kids

Interventions to attract more females and overcome the childcare barrier by offering activities for children and adults in the same venue at the same time.

#### Get Into Boxing

This project will tackle anti-social behaviour, promote respect and encourage community cohesion through partnership working and outreach work to encourage young people within estates to become involved in boxing.

#### Fighting Fit

This intervention will focus on aerobic activity in the form of a fun, moderate intensity Boxercise class.

#### Harlow Sports Awards 2009 and 2010

To provide the people of Harlow with positive sporting role models and encourage more participation in the build up to London 2012.

#### Life Walks

Get people active through walking and utilise the extensive walking routes in Harlow.

### **Reduce obesity in children in reception and Year 6 (£35,350)**

#### Mini MEND

10 week programme of workshops looking at healthy lifestyles for weight management. 3 programmes in each of the 5 Harlow Children's Centres.

#### Healthy Life, Healthy Eating Awards

To improve the quality of products being used in school meals, and the promotion and education of healthy eating.

### **Increase achievement of 5 or more A\*-C grades at GCSE or equiv including English and Maths (£40,000)**

#### Learning Champions

Learning Champions to work alongside school staff and provide additional personalised and tailored learning for pupils at risk of not securing English or Maths GCSE.

**Increase the proportion of population aged 19-64 qualified to at least Level 2 or higher (£30,000)**

Workplace Learning Champions

To promote lifelong learning and the benefits of improved skills. Workplace Learning Champions will be trained to promote training to their colleagues at work and how to support their career prospects.

**Improved local biodiversity – proportion of local sites where positive conservation management has been or is being implemented (£5,000)**

Green Team

Increase capacity of established volunteer group to enable coverage of more wildlife sites in Harlow.

**Increase participation in regular volunteering (£9,000)**

Harlow Volunteer Centre

To provide core funding to support and offer information to voluntary groups, a volunteer placement service and advocacy.

**Improve environment for a thriving third sector (£10,750)**

Facilities Officer

To part fund this new post as part of the development of a new resource facility for the third sector within the Leisurezone.

**Stopping smoking (£6,960)**

Training for midwives

To provide identification and intervention training for midwives in order to reduce the number of pregnant women who smoke.

**Number of affordable homes delivered (£10,000)**

Research study

To investigate potential to increase number of affordable homes by identifying suitable buildings that could be converted.

**New business registration rate (£10,000)**

Business growth vouchers

To ensure that as many Harlow businesses as possible stay active and grow by issues vouchers to enable them to access specialist help.