



Taken at the rear of Southwell House Youth Project in Hampstead Heath, this photo shows members of the Young Essex Assembly, Harlow Youth Council and Harlow YouthBank.

The young people spent their half-term there on a residential training course, learning and revisiting their skills in presentation, communication, debating, stress management, peer mentoring and more. The group consisted of a mix of experienced and new volunteering young people and all of them benefited from the invaluable teambuilding there.

The experience included more than just hard work. The young people enjoyed visits to Hampstead Heath, Camden Market and to the theatre to see "Blood Brothers." They took part in a talent competition and were served a formal dinner on the last night.